

SOCIAL / EMOTIONAL DEVELOPMENT

WHY RELATIONSHIPS MATTER

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- Module I: Social-Emotional Growth and Socialization
- Adapted from the work of Kadija Johnston, LCSW and Charles Brinamen, PysD.

TODAY'S TASKS

- Discuss causes of Children's Behavior
- Link Social / Emotional Development to Behavior
- Refocus on Healthy Social / Emotional Development

UNDERSTANDING SOCIAL / EMOTIONAL DEVELOPMENT

- How do we define social / emotional development?
- What are indicators of the presence of emotional / social well-being?
- What contributes to social / emotional development going well?



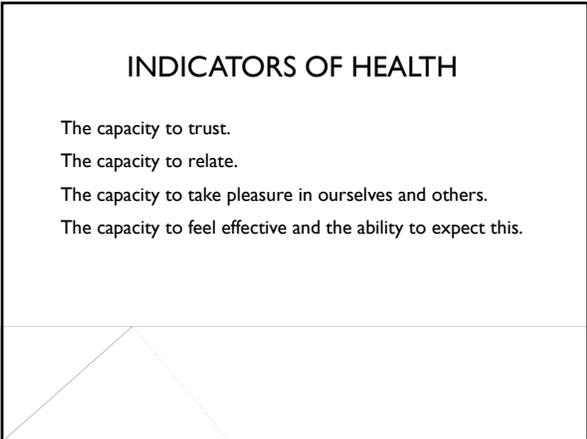
SOCIAL / EMOTIONAL DEVELOPMENT DEFINED

- The thoughts, feelings, and expectations one develops about self.
- The thoughts, feelings, and expectations one develops toward others and the world.



INDICATORS OF HEALTH

The capacity to trust.
The capacity to relate.
The capacity to take pleasure in ourselves and others.
The capacity to feel effective and the ability to expect this.



THREE COMMONALITIES

- The sense of self / other starts to develop from the beginning.
- Initially, these views of self and other are developed in relationships.
- Accumulated experiences develop into a lens of expectation. We perceive what we expect to receive.

DEVELOPMENTAL CONTRIBUTORS

- The quality of early relational experiences.
- Both infant and adult are active contributors.
- The infant is more greatly influenced by the quality of the relationship because he has no other experience with which to compare it.

CAPACITIES FOR RELATEDNESS

- Infants actively seek stimulation.
- Babies' favorite stimuli are all that is human.
- Babies have the ability to discriminate.
- Infants develop expectations and preferences based on how they are treated.

WHAT IS BEING CONVEYED?

Adapting to the infant's cues supports his ability to:

- Express intention.
- Back and forth interactions.
- Communicate verbally.
- Develop a sense of effectiveness.
- Internalize a benign view of the world.

STAGES OF EMOTIONAL DEVELOPMENT

▪ Regulation and Interest in the World	0 months +
▪ Engagement	4 months +
▪ Purposeful Communication	8 months +
▪ Social Problem Solving	10 months +
▪ Emotional Ideas	18 months +
▪ Building Bridges Between Ideas	30 months +

Emotional Development in Infants and Toddlers. Greenspan, S. A Guide to Social-Emotional Growth and Socialization. 2nd Ed. PITC, CA Dept. of Ed. & West Ed. 2011

CAREGIVER'S CONTRIBUTIONS

- Physical / psychological well-being
- Presence / absence of support
- Personal history
- Temperament
- Socioeconomic status
- Goodness of fit
